

Tips for Overcoming Bad Spending Habits

GoSkills online course syllabus

Skill level

Beginner

Lessons

9

Pre-requisites

No prior experience needed

Video duration

21m

Estimated study time

21m 3s

Instructor

Gregory Sneed

Introduction

1 Spend better

Acquiring essential financial skills will help you enhance your ability to spend wisely, safeguard your savings, and lay the groundwork for lasting financial health.

Understand Your Spending

2 Behavioral factors

Take a look at the reasons why you're overspending: peer pressure, are you trying to impress others?

3 Impacts of debt

Peel back the layers of debt to discover its hidden costs on your wallet.

4 Set yourself up for success

Dodge financial pitfalls with the art of budgeting!

5 Group events and activities

Steer clear of financial surprises at group events and activities!

6 Online shopping

Outsmart the endless allure of online shopping, a world that beckons with convenience and temptations around every digital corner!

7 Convenience services

Uncover the hidden costs of convenience services and their impact on your budget.

8

Instilling healthy financial habits

Embrace the journey to financial wellness by instilling healthy financial habits.

Conclusion

9

Smarter spending

Celebrate your smarter spending strategies!

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