

Presentation Skills for Confident Public Speaking

GoSkills online course syllabus

Skill level	Lessons	Accredited by
Beginner	17	CPD
Pre-requisites	Video duration	Instructor
No prior experience needed	1h 27m	TJ Walker

Be a More Assertive Public Speaker

- 1 Why Are You Here? Let's Diagnose the Problem**
Start by recording yourself and identifying what you don't like.
- 2 Let's Deal with the Style and Substance**
Focus on one aspect of your style - how you look, how you move - to begin your personal transformation into a more assertive speaker.
- 3 Stagecraft Makes You More Engaging**
Consider how you dress, your body language, and how you move around the space to engage the audience.
- 4 The Power of Eye Contact - and Telling Stories**
Using real stories - and making connections with people - makes it easier for you to share information with confidence.

How to Speak Without Reading a Script

- 5 Become the Speaker That Audiences Look At In Awe**
You don't need special apps or teleprompters - or even notes - to deliver a confident, effective presentation.
- 6 Give Your Memory a Break - Focus on 5 Points**
How to structure your speech and prepare it so your audience will remember it and take action.
- 7 Prep Your Notes on a Single Sheet of Paper**
A single piece of paper with short notes is all you should need to remember the main points of your talk.

- 8 Walk Around As If You Own the Room**
Use this strategy to own the room where you give your talk.
- 9 Rehearse on Video to Improve Your Delivery**
Recording on video and analyzing your rehearsal is a powerful way to find ways to improve your approach.
- 10 Use a Second Rehearsal to Fine-Tune Your Approach**
Don't stop practicing your speech or presentation until you're happy with it.

Overcome the Fear of Public Speaking

- 11 Eliminating Speaking Anxiety**
Understanding the source of fear, and the best way to overcome it
- 12 Avoid Fake Solutions That Don't Work**
Debunking the myths that only mask the underlying problems many speakers have.
- 13 The Process of Eliminating Fear**
Use a familiar process to refine your presentation and eliminate fear.
- 14 The Fear of Boring**
Don't mask your insecurities by presenting a giant data dump.
- 15 The Confident Speaker's Attitude**
The first step toward confidence is to stop telling yourself you have a fear of speaking.
- 16 Long-term Speaking Goals and Conclusion**
More opportunities to speak give you more chances to improve your skills.

Conclusion

- 17 Conclusion**