

Leading in the Moment

GoSkills online course syllabus

Skill level

Beginner

Lessons

19

Pre-requisites

No prior experience needed

Video duration

46m

Estimated study time

46m 58s

Instructor

Kathy Klotz-Guest

Introduction

1 When it all goes wrong

Improv in Business

2 What is improv

The need for leaders who can improvise has never been greater.

3 Leaders who improvise

There are 6 key traits that all leaders who successfully use improv leverage to lead in the moment successfully.

4 The role of psychological safety

Building a space of psychological safety is the key to high-performing people, teams and cultures.

Improv Tools

5 'Yes and' mindset

Building a 'Yes And' mindset is key to possibility and promise and to meeting the moment at hand.

6 Self awareness

Developing self-awareness is key to working your leadership muscle.

7 Listening and presence

A key tool for leaders is the ability to listen to others and help them feel heard.

8

Making others shine

Making people look good and having each others backs is a crucial principle in improvisation.

9

Risk, mistakes and gifts

Mistakes mean people are trying and learning.

10

Being spontaneous

Spontaneity and play happens when you let go and refrain from judgment.

11

Building learning culture

Building a 'learning' culture that runs on improv means making sure the tools flourish in your people and teams.

Improv and Courage

12

Fear and courage

Leaders who improvise recognize that fear and courage are two sides of the same coin.

13

Play with fear

Leading in the moment requires us to make choices about the unknown.

14

Vulnerability is key

Vulnerability is the bridge to leaning into fear in order to grow your courage muscle.

15

The leadership gap

Meeting yourself where you're at is always a first step.

16

Intent vs. impact

Leaders who lean into vulnerability acknowledge impact – and it's not related to intent.

Brave Conversations

17

Questioning your stories

When you feel fear, there is an opportunity to step into leadership growth.

- 18 **Rewriting your stories**
Having more meaningful conversations relies on being able to change your narrative.

Conclusion

- 19 **Exercising your improv muscle**

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