

Harnessing Change to Unleash Your Potential

GoSkills online course syllabus

Skill level

Beginner

Lessons

15

Pre-requisites

No prior experience needed

Video duration

46m

Estimated study time

46m 46s

Instructor

Anastasia Montejano

Introduction

- 1 A whole new world**
Expecting change to slow down is a lingering myth.

Unprecedented Opportunities

- 2 Set yourself apart**
Things have never moved as fast as they have now, and will never move as slowly again.
- 3 Building for continuous change**
As the pace of change continues to escalate, you will have to fight a hidden bias in yourself and others that views change negatively.
- 4 Playing big**
By its very nature, change puts you outside your comfort zone.

Igniting Change Leadership

- 5 Leader shift**
You can't use an old playbook when the rules of the change management game have changed so dramatically.
- 6 The changemaker mindset**
Chaotic, changing times provide hidden opportunities to build strong leaders and vibrant organizations.
- 7 Daring to lead change**
Regardless of your role or title, you have the power to affect successful change.

Equipping Yourself to Excel

8

Predictable processes

You can't manage the pace of change, however you can gain an advantage by learning this secret.

9

Make the complex simple

When getting started, you can easily feel tempted to share as much information as you can, but this isn't always the most effective approach.

10

The messy middle

The middle stretch of any change is the most important and often most misunderstood part.

11

Finishing strong

A successfully implemented change will have a clear and finite end.

Overcoming Resistance and Increasing Change Agility

12

Your upper limit

Navigating change means you will inevitably bump up against your upper limit - a barrier most don't know exists.

13

Embracing uncertainty

When you're facing change, it's common to crave certainty, but necessary for you to function without it.

14

Getting to no ASAP

Every change requires that you define a vision and then bring people on board, so it's natural you'll encounter opposition or disagreement.

Conclusion

15

Preparing for changes

You should now feel equipped to leverage change as a means for your development and success, by implementing strategies and tools that will allow change to serve as a catalyst for your performance and potential.

[Go to GoSkills.com](https://www.goskills.com)