

# Embracing Change within Your Career

GoSkills online course syllabus

**Skill level**

Beginner

**Lessons**

8

**Pre-requisites**

No prior experience needed

**Video duration**

16m

**Estimated study time**

16m 34s

**Instructor**

Linda Croyle

## Introduction

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### 1 Everything changes

Embracing change is not just a necessity but a pathway to success and personal growth.

## Examining Your Perspective

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### 2 What is change

Change shapes personal and professional journeys, omnipresent and inevitable.

### 3 Is the grass greener?

Exploring the notion of "Is the grass greener?" invites a deep dive into the human tendency to seek change in the face of discomfort.

### 4 Identifying your values

Understanding personal values is crucial for aligning life choices with what truly matters.

## Your Path to Success

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### 5 Honoring your blisters

Navigating life's challenges shapes resilience and character, turning obstacles into stepping stones toward success.

### 6 Spotlighting your gifts

Identifying and embracing your unique gifts is essential for personal fulfillment and success.

### 7 Planning your transformation

Embarking on a personal transformation requires more than just a desire for change; it demands a concrete plan and the resilience to overcome inevitable resistance.

# Conclusion

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## A change in perspective

Congratulations! You're now ready to embrace change in your career. You've got the tools to blaze a new trail of personal growth.

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